LOCAL PRESS RELEASE

June 22, 2022

Two local Licensed Professional Counselors are excited to share their new children's book, **Clementine Gets UNSTUCK!** and their digital program, KidsCanClub.com, with St. Louis.

Clementine Gets UNSTUCK! is the first publication in the Kids Can Club[™] collection, a book series written to engage and empower young readers through connection with Kids Can Club kids, who face emotional challenges, find solutions through simple wellness tools, and then share these solutions with others.

In **Clementine Gets UNSTUCK!,** Clementine is a determined third grader who decides it's time to solve a big, frustrating problem – her Zipping, Zinging and Tangling thoughts, which leave her feeling STUCK. At school, she finds the answer. And Clementine gets UNSTUCK!

KidsCanClub.com expands the book series' content with free activities, games, additional wellness exercises and interaction with the Kids Can Club characters. The site also shows kids (with participation of their parents and trusted adults) how to start their own Kids Can Club!

Clementine Gets UNSTUCK! will be released on July 27, 2022 and is currently on presale on Amazon.com and BookBaby.com. KidsCanClub.com is live now and invites kids and parents to visit!

Christine Corrigan Mendez, M.Ed., LPC, NCC and Jen Monika McCurdy, M.Ed., LPC, are Licensed Professional Counselors in private practice. They received their Master of Education, Counseling degrees at the University of Missouri-St. Louis. Learn more about the authors on <u>KidsCanClub.com</u>, and contact them at <u>ccmjmm@kidscanclub.com</u>.

