

Hi Readers! Use this page to remember  
**BELLY BREATHS!**

From your Kids Can Club™ Friends,  
Clementine, Leo, Clara, Iris and Nico

Breathe in cool, clear air...1, 2, 3, 4.

Breathe out hot, sticky air...1, 2, 3, 4.

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Breathe out hot, sticky air...1, 2, 3, 4.

And also remember... Kids Can Help!

[KidsCanClub.com](http://KidsCanClub.com)

